



Step 1: Watch "From the Bible: Adam and Eve" video.

Step 2: Complete the following activity.

Step 3: Together complete the prayer on the back.

True or False

1. T We are always happier when we walk in God's ways.
2. F If we love God with all our hearts, souls, and minds we won't listen to him.
3. F One of the most powerful ways we show God we love him is by being mean to other people.
4. T God is constantly trying to show us the best way to live.
5. T God has a marvelous plan for you and your life.

Fill in the blank

1. God wants you to become a great DECISION MAKER.
2. One of the greatest blessings God has given you is the ability to make CHOICES.
3. God loves you so much that he blesses you with FREE WILL.
4. The best way to deal with sin is to go to RECONCILIATION.
5. By guiding us to make great decisions, God's laws are designed to help us live HAPPY and HOLY lives.

7. The best way to deal with temptation is to turn to God in PRAYER and ask him for his help.
8. Following our conscience makes us HAPPY and ignoring our conscience makes us restless and UNHAPPY.
9. God's GRACE helps us to become the-best-version-of-ourselves.
10. Our God is a God of SECOND chances.

Word Bank

PRAYER	HOLY
HAPPY	FREE WILL
GRACE	RECONCILIATION
DECISION MAKER	CHOICES
SECOND	UNHAPPY
HAPPY	



My Little Prayer Process

- 1 Thank God for whomever and whatever you are most grateful today. List what you are grateful for.

- 2 Think about today. Talk to God about the times when you were and were not the-best-version-of-yourself.

- 3 What do you think God is trying to say to you today? Talk to God about that.

- 4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.

- 5 Talk to God about some way he is inviting you to change and grow.

- 6 Pray for the other people in your life by asking God to guide them and watch over them. List those you are praying for.

- 7 Pray the Our Father.