

Name: \_\_\_\_\_

## Individual Candidate and Sponsor/Mentor Activities

**You are required to meet 4 times between now (Candidate/Sponsor Night) and your Confirmation (March 2021).**

At EACH meeting you will complete a worksheet found in this packet which includes discussing the Candidate's preparation for Confirmation as well as doing ONE of the following activities together: fun event, mass, service project, and learning activity. These worksheets must be completed and turned in by...

Meeting #1 Due: October 25, 2020

Meeting #3 Due: January 31, 2021

Meeting #2 Due: December 13, 2020

Meeting #4 Due: March 14, 2021

\*If you have any questions, please contact Mary Grack by calling 507-327-8621, or by emailing [mary.grack@gmail.com](mailto:mary.grack@gmail.com).

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### LEARNING ACTIVITY:

The Seven Sacraments of the Church (see the Catechism of the Catholic Church #1210 – 1666) Christ instituted the sacraments of the new law. There are seven: Baptism, Confirmation, the Eucharist, Penance, the Anointing of the Sick, Holy Orders and Matrimony. The seven sacraments touch all the stages and all the important moments of Christian life.

Sacraments of Christian Initiation: The sacraments of Christian initiation lay the foundations of every Christian life.

1. Baptism – Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit, and the door which gives access to the other Sacraments. Through Baptism we are freed from sin and reborn as sons and daughters of God.
2. Confirmation – The reception of the Sacrament of Confirmation is necessary for the completion of baptismal grace. For by the Sacrament of Confirmation, the baptized are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed.
3. The Eucharist – The Holy Eucharist completes Christian initiation. The Eucharist is the source and summit of our faith.

Sacraments of Healing: The Lord Jesus Christ, physician of our souls and bodies has willed that His Church continue, in the power of the Holy Spirit, His work of healing and salvation, even among Her own members.

4. Reconciliation– Those who approach the Sacrament of Reconciliation obtain pardon from God's mercy for the offense committed against Him.
5. The Anointing of the Sick – By the sacred anointing of the sick and the prayer of the priests the whole Church commends those who are ill to the suffering and glorified Lord, that He may raise them up and save them.

Sacraments of Service/Vocation: These Sacraments are directed towards the salvation of others; if they contribute as well to personal salvation, it is through service to others that they do so. They confer a particular mission in the Church and serve to build up the People of God.

6. Holy Orders – Holy Orders is the Sacrament through which the mission entrusted by Christ to his apostles continues to be exercised in the Church until the end of time.
7. Matrimony – The matrimonial covenant, by which a man and a woman establish between themselves a partnership of the whole of life, is by its nature ordered toward the good of the spouses and the procreation and education of offspring.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #4: Discussion Questions

DUE: March 14, 2021

Sponsor: How have you seen your Candidate grow in their Catholic faith?

Candidate: How do you feel you have grown in your Catholic faith?

Sponsor: When you begin to become complacent in your faith, what do you do to get back on track?

Sponsor: How have you continue to grow in your faith as an adult? *Scripture reading, bible studies, classes etc...*

Candidate: How do you plan to continue to grow in your faith, especially after high school?

Candidate: Which Saint did you chose? Why?

Sponsor: Set a goal for your prayer life/mass participation.

Candidate: Set a goal for your prayer life/mass participation.

Discuss the progress of the component of Confirmation:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Weekly Mass Attendance | <input type="checkbox"/> Written Letter to the Bishop | <input type="checkbox"/> Lord's Prayer Tested    |
| <input type="checkbox"/> Life Teen Attendance   | <input type="checkbox"/> Attended a Retreat           | <input type="checkbox"/> Apostles' Creed Tested  |
| <input type="checkbox"/> Turned in Sponsor Form | <input type="checkbox"/> 10 Commandments Tested       | <input type="checkbox"/> Service Hours Completed |
| <input type="checkbox"/> Chosen a Saint         | <input type="checkbox"/> 7 Sacraments Tested          |  |

Candidate's Signature: \_\_\_\_\_

Sponsor/Mentor's Signature: \_\_\_\_\_

Please circle sponsor or mentor

Date: \_\_\_\_\_

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #4: Activity

DUE: March 14, 2021

*In addition to completing the discussion questions on the back, choose **ONE** of the following options:*

Do something fun together: Write a brief description of what you did:

Go to a Catholic Mass together: Where will you go to Mass? \_\_\_\_\_  
Church name & town

- Before you go to Mass, discuss something you can both pray for and write this mass intention below:

- What was something you learned from Father's homily?

Serve together: Write a brief description of how you served:

Learn together: Read & Discuss the Seven Sacraments of the Church

*(found on the front cover of this packet)*

- Look up the following Bible verses and match each verse with a sacrament of the Church:

Mark 10: 6-9

Acts 1: 8

Matthew 28: 19

Acts 6: 2-6

John 20: 23

James 5:14

Luke 22: 19-20

Baptism

Confirmation

Eucharist

Reconciliation

Anointing of the Sick

Holy Orders

Marriage

- What is something you learned?

Name: \_\_\_\_\_

### Sponsor & Candidate Meeting #3: Discussion Questions

DUE: January 31, 2021

Sponsor: How have you been living out your Catholic faith since the last meeting?

Candidate: How have you been living out your Catholic faith since the last meeting?

Sponsor: What ways does our culture make it difficult for you to live out your faith?

Candidate: What ways does our culture make it difficult for you to live out your faith?

Sponsor: How do you handle the challenges our culture presents?

Candidate: Which sacrament do you most identify with?

Sponsor: Set a goal for your prayer life/mass participation.

Candidate: Set a goal for your prayer life/mass participation.

Discuss the progress of the component of Confirmation:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Weekly Mass Attendance | <input type="checkbox"/> Written Letter to the Bishop | <input type="checkbox"/> Lord's Prayer Tested    |
| <input type="checkbox"/> Life Teen Attendance   | <input type="checkbox"/> Attended a Retreat           | <input type="checkbox"/> Apostles' Creed Tested  |
| <input type="checkbox"/> Turned in Sponsor Form | <input type="checkbox"/> 10 Commandments Tested       | <input type="checkbox"/> Service Hours Completed |
| <input type="checkbox"/> Chosen a Saint         | <input type="checkbox"/> 7 Sacraments Tested          |  |

Candidate's Signature: \_\_\_\_\_

Sponsor/Mentor's Signature: \_\_\_\_\_

Please circle sponsor or mentor

Date: \_\_\_\_\_

Name: \_\_\_\_\_

### Sponsor & Candidate Meeting #3: Activity

DUE: January 31, 2021

*In addition to completing the discussion questions on the back, choose **ONE** of the following options:*

Do something fun together: Write a brief description of what you did:

Go to a Catholic Mass together: Where will you go to Mass? \_\_\_\_\_

Church name & town

- Before you go to Mass, discuss something you can both pray for and write this mass intention below:
- What was something you learned from Father's homily?

Serve together: Write a brief description of how you served:

Learn together: Read & Discuss the Seven Sacraments of the Church

*(found on the front cover of this packet)*

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- What is something you learned?

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #2: Discussion Questions

DUE: December 13, 2020

Sponsor: How have you been living out your Catholic faith since the last meeting?

Candidate: How have you been living out your Catholic faith since the last meeting?

Sponsor: What are your strengths? And how do/could you use those strengths as a member of the Catholic Church?

Candidate: What are your strengths? And how do you plan to use those strengths as a member of the Catholic Church?

- What is something you are struggling with or a question you still have about being Catholic?

Candidate: Which of the gifts/fruits of the Holy Spirit are already active in your life? Which gifts/fruits would you like to see developed?

Sponsor: Set a goal for your prayer life/mass participation.

Candidate: Set a goal for your prayer life/mass participation.

Discuss the progress of the component of Confirmation:

- |   |   |  |
|---|---|--|
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| <input type="checkbox"/> Chosen a Saint         | <input type="checkbox"/> 7 Sacraments Tested          |  |

Candidate's Signature: \_\_\_\_\_

Sponsor/Mentor's Signature: \_\_\_\_\_

Please circle sponsor or mentor

Date: \_\_\_\_\_

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #2: Activity

DUE: December 13, 2020

*In addition to completing the discussion questions on the back, choose **ONE** of the following options:*

Do something fun together: Write a brief description of what you did:

Go to a Catholic Mass together: Where will you go to Mass? \_\_\_\_\_  
Church name & town

- Before you go to Mass, discuss something you can both pray for and write this mass intention below:
- What was something you learned from Father's homily?

Serve together: Write a brief description of how you served:

Learn together: Read & Discuss the Seven Sacraments of the Church  
*(found on the front cover of this packet)*

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- What is something you learned?

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #1: Discussion Questions

DUE: October 25, 2020

Sponsor: How have you been living out your Catholic faith since the last meeting?

Candidate: How have you been living out your Catholic faith since the last meeting?

Sponsor: What do you appreciate most about being Catholic?

Candidate: What do you appreciate most about being Catholic?

- What is something you are struggling with or a question you still have about being Catholic?

Candidate: Explain to your sponsor what you have learned about what it means to be confirmed?

Sponsor: Set a goal for your prayer life/mass participation.

Candidate: Set a goal for your prayer life/mass participation.

Discuss the progress of the component of Confirmation:

- |   |   |  |
|---|---|--|
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Candidate's Signature: \_\_\_\_\_

Sponsor/Mentor's Signature: \_\_\_\_\_

Please circle sponsor or mentor

Date: \_\_\_\_\_

Name: \_\_\_\_\_

## Sponsor & Candidate Meeting #1: Activity

DUE: October 25, 2020

*In addition to completing the discussion questions on the back, choose **ONE** of the following options:*

Do something fun together: Write a brief description of what you did:

Go to a Catholic Mass together: Where will you go to Mass? \_\_\_\_\_  
Church name & town

- Before you go to Mass, discuss something you can both pray for and write this mass intention below:

- What was something you learned from Father's homily?

Serve together: Write a brief description of how you served:

Learn together: Read & Discuss the Seven Sacraments of the Church

*(found on the front cover of this packet)*

- Look up the following Bible verses and match each verse with a sacrament of the Church:

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- What is something you learned?

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## Sponsor & Candidate Meeting: Discussion Questions

DUE: September 20, 2020

Sponsor: Take a few minutes and share your faith story with your candidate.

- How have you come to know God more personally?
- How have you seen God working in your life through the years?

Candidate: How Take a few minutes and share your faith story with your sponsor.

- Do you feel close to God right now? Why?
- What more do you think you can learn about your faith?

Sponsor: What was your Confirmation experience like?

Candidate: How do you want this Confirmation program to make a difference in the way you relate to God?

Sponsor: What do you feel is the call of Christ on your life as an adult member of our Church, and how do you live out that call?

Candidate: With Confirmation this year, you will become a fully initiated member of the Catholic Church. What does this mean to you?

- How do you think you want to live that out in your life?

Sponsor: What are you looking forward to most about this year with your candidate?

Candidate: What are you looking forward to most about this year with of Confirmation Preparation?

Sponsor: Set a goal for your prayer life/Mass participation.

Candidate: Set a goal for your prayer life/Mass participation.

Discuss the progress of the component of Confirmation:

- |   |   |  |
|---|---|--|
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Candidate's Signature: \_\_\_\_\_

Sponsor/Mentor's Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Sponsor & Candidate Meeting: Discussion Questions

DUE: September 20, 2020

***Tonight you will not complete Fun Activity, Mass, Serve, or Learn Activities.  
When you meet individually you will complete ONLY ONE of these activities.***

Do something fun together: Write a brief description of what you did:

Go to a Catholic Mass together: Where will you go to Mass? \_\_\_\_\_  
Church name & town

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- What is something you learned?